



# The Galileo Moment: It Happened in the 1600s and it's Happening Again Right Now



# A Message From Humanity's Team Co-Founder & Worldwide Executive Director, Steve Farrell



In the early 1600s, the scientific consensus still held that the Earth was the center of the Universe. Galileo discovered this was not true and when he shared his discovery with the rest of the scientific community, he profoundly changed the world. We live under the weight of a similar false reality today that is far more crippling and destructive — the belief that we are separate from each other, the Universe, and the God of our understanding.

Tragically, this false belief is effectively the “first domino” or root cause of the excessive dysfunction in the world. It has created the downward spiral that engulfs so many of us, leaving us with a foreboding sense of overwhelm and exhaustion at an individual level, and despairing about the increase in extreme weather and general malaise at a collective level.

The good news is that there is a simple solution to this seemingly unsolvable problem. It is to understand what has been shared down through the ages by leaders in spirituality and science, and that is now, importantly, being affirmed by modern scientific research.

For those of us who can see this, it is not only critical that we speak out and expose the false truth; we must also live into that truth ourselves and make it our reality. It is a simple fact that all of life is deeply interconnected, interrelated and interdependent in Oneness, and can be seen as diversity in unity. It is also a simple fact that we have the power to create a sustainable and flourishing planet by living into this awakened consciousness ourselves on a daily basis.

And while there's no modern Galileo, no single individual endeavoring to expose the truth, let's back up to Galileo for a minute and explore how he changed the course of history on our planet with his discovery.

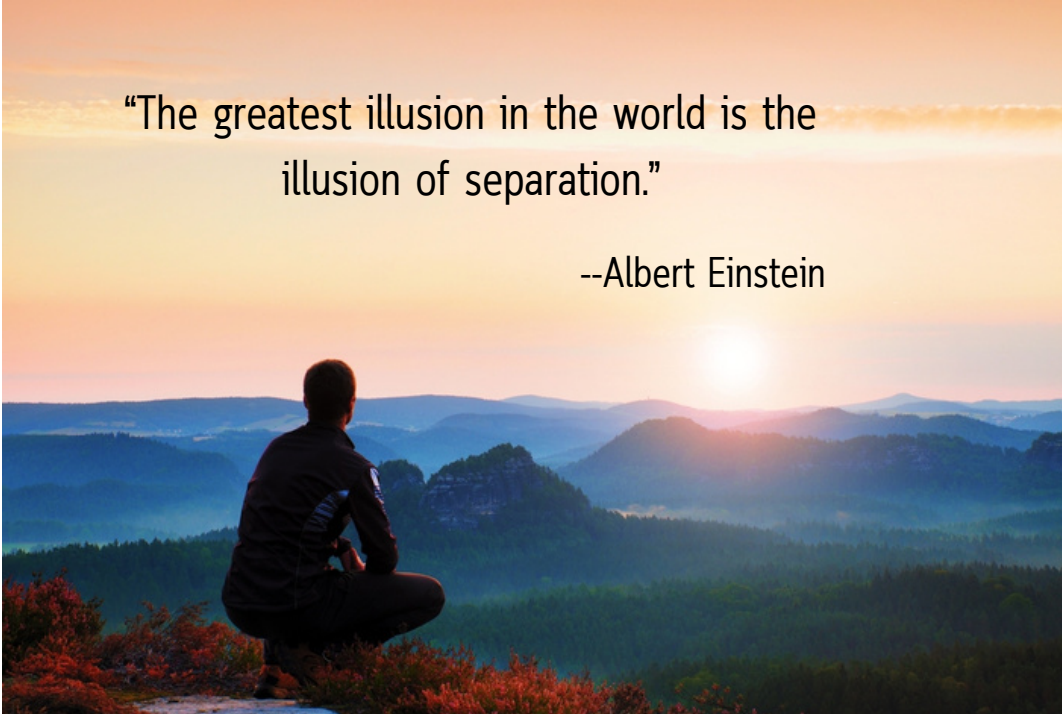
Galileo used a telescope to observe our Sun and the cosmos, and concluded that the then prevailing perspective that placed the Earth at the center of the Universe (the Geocentric model) was false. He concluded instead that we were part of a solar system revolving around the Sun (the Heliocentric model). This may not sound like a big deal to us in the modern world, but it was a very big deal and very controversial at the time.

The Spanish Inquisition immediately placed Galileo under house arrest and told him to recant his announcement or forfeit his life. He did so but remained under house arrest until the end of his life. Fortunately, it was too late to erase his discovery and others with telescopes began to verify Galileo's observations. Eventually his ideas became accepted, the course of history was changed, and we've lived in a new reality from that time forward.

Today, we live in an unsettling time where many share that they feel overwhelmed and fatigued, wanting to live into their deeper core values but stuck in jobs that don't align with those values. On top of this, grave things are going on in the outside world. Extreme weather, violence and war, along with ideological and political polarity, are among the many daily challenges we face in the modern world. Neither the microcosms of our individual lives, nor the macrocosm of our collective life are well.

The good news is that there is a remedy right here, right now, that can heal this strife and discord, and its timeless and obvious wisdom has been shared down through the ages. In 400 BCE Hippocrates said "There is one common flow, one common breathing."

As was quoted earlier in this report, Albert Einstein said "The greatest illusion in the world is the illusion of separation," and "We suffer from an optical delusion (the sense of separation) that represents a prison for us... Our task must be to free ourselves from this prison to embrace all living creatures and the whole of nature."

A person is seen from behind, sitting on a rocky outcrop and looking out over a vast, hazy landscape of rolling hills and mountains. The sun is low on the horizon, creating a warm, golden glow across the sky and the distant peaks. The foreground shows some reddish-brown vegetation.

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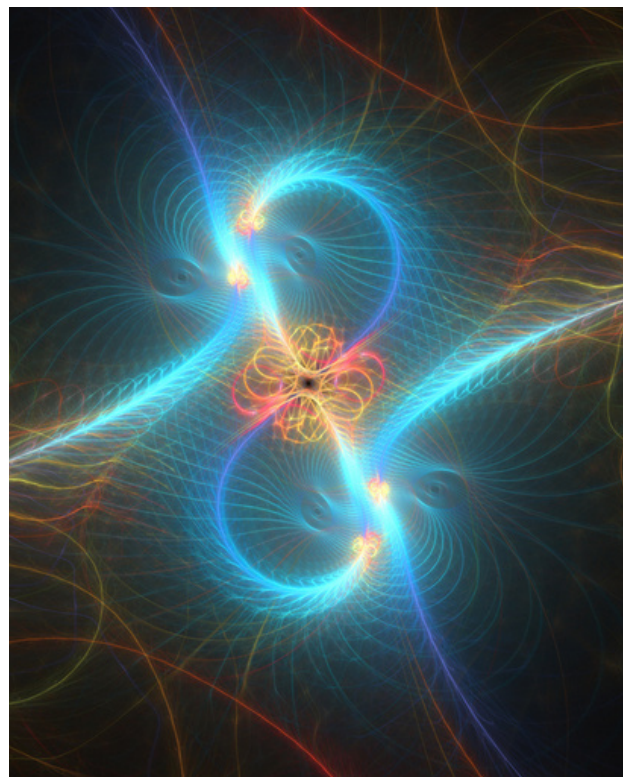
Einstein also shared how we might do this. He said that “No problem can be solved at the level of consciousness that created it,” meaning that we must look at how we perceive reality and be open to new, more awakened understandings that allow us to see clearly the mistakes we have made so we can endeavor to undo the damage they have done.

This is what we must focus on if we are to create healthier ways of living on the Earth. It is time to elevate our consciousness both individually and collectively, and there is no time to waste. This is not a luxury; it is a necessity if we are to shift our way of living in ways that will make it possible for everyone to experience peace, balance, and joy on a sustainable and flourishing planet.

Science supports this new way of living on the Earth, as when October, 2022 the Nobel Prize for Physics was awarded to three researchers for proving something called entanglement, a phenomenon where two things with no physical connection can deeply affect each other, even over great distances. Quantum physics is bringing forward substantial new research making it clear that in spite of how things look to us in the physical realm, in the quantum realm, everything is deeply connected and in a constant state of interaction.

To be sure we’re clear about exactly what this means; let’s take a closer look at it. If we believe we are separate from each other, the Earth, and the God of our understanding, and if we believe we are our physical body and have just this one life to live, it might seem perfectly okay to

focus on trying to satisfy our baser desires and acquire unlimited treasure without regard for personal relationships or any other aspect of the world around us.



And while having fame, fortune, and power over others might have a certain allure, it is, of course, that kind of thinking that has contributed to putting our world out of balance and into climate crisis and extreme weather. This is also what has contributed to people taking jobs that have no connection to their deeper values and then living in fatigue and overwhelm. “Take a job and climb the ladder” can become our mantra, but this only results in that exhaustion.

But, when we instead understand that we are deeply connected to the Divine and to the world around us, and that we have a body but are not our body, and that we are pure consciousness, pure energy living in a spiritual universe, then it is a good idea to serve all of life around us, to be “in service.” We understand that we are part of a larger body and that by living a healthy life, we are a healthy cell in the body of life.

And how do things change when we live into this Oneness, this Wholeness, this Omnipresence, this Unity in Diversity? We need look no further than the nuclear family. In a nuclear family we clearly see our connection to that family unit and we live into it. If we are mature, we become responsible, and if we are responsible, we take positive action and live in service to the family in many different ways.

When we see our Oneness with the world around us, we do the same thing, except now, instead of just seeing our connection to the nuclear family, we move the fence posts out to embrace the whole of humanity, the Earth itself, and all living creatures.

We cannot do everything, of course, but we can do something. Each of us is called to our particular station in life. It can be something as small as helping an infant or elderly person, or something as big as supporting a movement involving a community or the whole of humanity and the Earth.

No longer are we detached from the world around us. We come back into harmony with the Universe that scientists share is non-dual and in perfect harmony. No longer do we ignore this and splinter off into our own delusions.

It is simply not possible to focus on pursuing financial treasure, fame or power over others to the detriment of important relationships and the world around us. Quite the opposite, we see that we are part of that world, and are, essentially, living within a super-organism that we can call Universe or something else. We are like a healthy cell in the body of the world, seeking to nurture and serve life.

From the near-death experience (NDE) community and mediums, we know that this is how the afterlife or non-physical realm is. It exists in perfect love and light. And while we do not deceive ourselves with a belief that this awareness will be embraced by everyone on the planet in the near future, and while we know it will require humanity finding a whole new way of living on the Earth, we also know there are important steps that can be taken in this direction.

We can commune with the One that some call the Divine and others call the Universe, and we can come into flow as part of our daily practice, carrying this flow state throughout our day. It's like being on a raft up above the up-and-down roller coaster that people experience before we become conscious, when we are disconnected from our true self, living an inauthentic life, and working in jobs that are not in alignment with our deeper values.

When enough of us become conscious and in flow, we will reach a tipping point where the world around us shifts to this new way of living on the Earth. This being state often deeply resonates with others who feel this energy and it is actually quite contagious. As conscious living spreads, it shifts whole communities and in time it will shift entire countries and eventually the whole world. Many experts believe we will reach that tipping point when we get to 8-10% of the population.

Getting to that tipping point is no longer a luxury. The Earth is in a fragile place and needs our attention. Living in a disconnected state where we ignore the rhythm and balance of life is no longer working. It is necessary that we pivot to a more conscious way of living on the Earth, and in doing so will bring ourselves and the Earth itself back into balance as we create a sustainable and flourishing planet for current and future generations.

This is the work of Humanity's Team. Our mission is to make conscious living pervasive worldwide by 2040, 17 short years from where we currently reside.

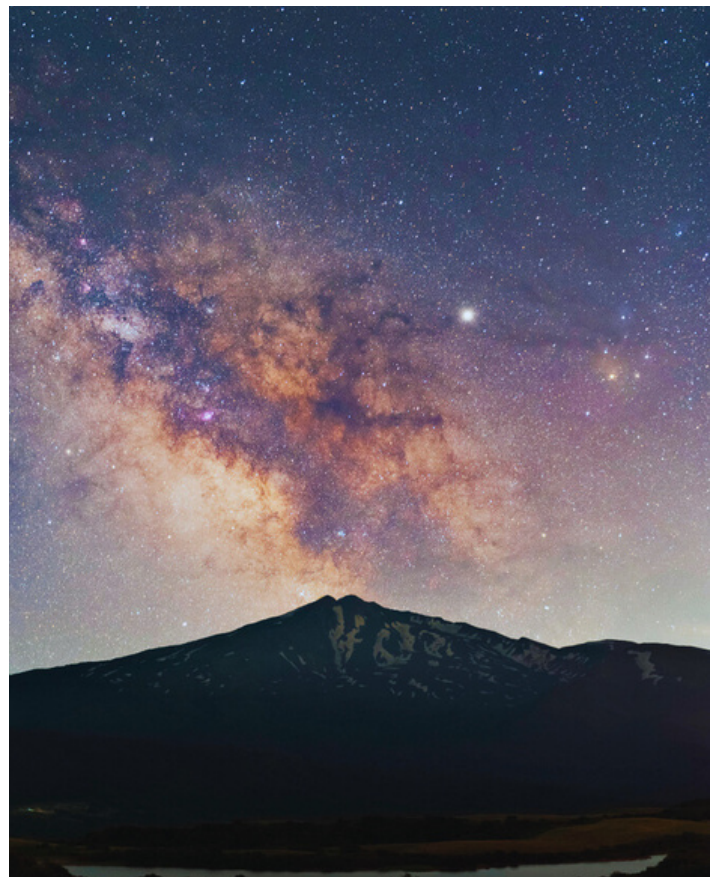
Conscious living is a remedy, here and now, but it must be understood and embraced, which requires education. Education can be the most powerful tool in the transformation of humanity, so this is where Humanity's Team has placed its attention, becoming the largest global non-profit in transformational education with a streaming platform available on your computer, IOS, Android TV, Fire TV, Roku, or Apple TV.

The community and platform are called Humanity Stream+, and it includes hundreds of transformational education programs as of this writing. We've added nearly 50 new programs in 2023 alone. Additionally, Humanity Stream+ is adding more and more live programs with free community viewing, including Q&As, and arranging viewing parties for those who want to go through our masterclasses together. Currently, our new masterclasses are being translated into 75 different languages, further extending our reach and impact.

Lastly, let's look for tangible results. Let's begin with ourselves. How do we evolve into new understandings about who we are? What kind of transformation or change might we expect when we embrace Unity and Oneness, become educated, and live into it?

I'll share my personal story. I was a CEO of a fast-growing tech company in 1995 when I began my own process of awakening. On the Myers Briggs scale, I was an ENTJ, this is very much a thinking and logic center of mind profile. I was the President of my Young Entrepreneurs chapter in San Francisco, and I used a time organizer to wedge as many meetings into my day as possible so I could review tasks and complete tasks.

All of this changed in the years following my awakening experience. I began a daily practice that brought me in close touch with my own interior connection with the Divine and life around me. I began to see people and the Earth as part of the Sacred and even myself.



I tossed my time organizer because it was causing me to be much too transactional. I moved into a closer relationship with my partner, and with my work partners. People began to perceive me as being more “spiritual” and I could see this in myself, as well.

My priorities shifted and I sold all my business interests and walked away from my Silicon Valley technology life so I could make room for my personal and home life and my emerging spiritual life. To say that I’ve become a different person is an understatement! In many ways, when you become conscious, you experience a whole new you. There is much more but this gets us started.

In business, Humanity’s Team took a leading role in creating a Conscious Business Declaration and a nine-month Conscious Business Change Agent program that truly transforms business. We have numerous testimonials from leaders in business who attest to the transformational change we bring to newly launched and existing businesses.

My relationship at home with my wife and young adult kids has become something I treasure. We share “I love you” throughout our day and we really mean it! It is certainly not transactional and it is even more than just relational. I like to call it Divine Presence because to me, this is what it feels like.

Humanity Stream+ is even creating programs for kids and young adults now that help them break their addiction to hand-held devices so they can become reacquainted with nature and the natural world. This is an important focus for us as we enter 2024. We’ve got outstanding programs in our pipeline right now, especially for youth to help them re-engage with the living world around them.

It is our “Galileo Moment” right here and now, our moment to at last come to understand our true reality, which is the Oneness of the Universe, real Diversity in Unity, and then to live into this awareness in every moment of our lives. In doing so, we’ll create a truly delicious and nourishing life that feels good to us in every way, and together with others, we’ll create a new way of living on the Earth.

And when we get to that 8-10% tipping point as we intend to do in the years just ahead, we will be able to create that sustainable and flourishing planet, and our generation and future generations will thank us for shifting away from the dysfunction that currently drives the world in this destructive direction. Make no mistake; we must embrace this Galileo Moment as if our future lives on this planet depend on it, because they do!

With gratitude and excitement for the future we are creating together,



Steve Farrell

To help us embrace this Galileo Moment, please,

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